

**Cheer:** Please contact Judy Mason, JV Cheer, [judymason@adamschristian.org](mailto:judymason@adamschristian.org) and Jessica Massey, High School Cheer, [jessicamassey@adamschristian.org](mailto:jessicamassey@adamschristian.org) for more information about requirements for AC Cheer.

All other sports: Updated requirements will be posted soon